Affordable vision coverage for you and your family

More than 1 in 20 Americans have uncorrected vision problems and, in many cases, don’t even know it. Eye diseases such as glaucoma, cataracts and macular degeneration can pose a serious threat to vision – but there is something you can do about it. Get a vision and eye health examination!

An eye care professional can determine vision correction needs and detect the early stages of eye disease. A routine eye exam may signal the onset of diabetes years before a regular diagnosis can be made. That’s why dilated eye exams should be performed at appropriate intervals to detect changes in the retina or optic nerve, or both.²

Just as vision care is essential for adults, it is also vital for children. According to the American Optometric Association, 1 in 4 children has a vision problem that can interfere with learning. General screenings from the pediatrician or school nurse simply may not be enough to detect eye disorders. A comprehensive exam by a trained eye care professional, such as an optometrist or ophthalmologist, will not only look at how well your child can read an eye chart, but also at the health of the eye.

Make the most of your vision coverage

The CIGNA Vision plan offers access to quality vision care for you and your family’s eye care needs. Your plan covers comprehensive exams and may also include coverage for glasses and contact lenses. Refer to your plan materials for details.

Call 1.877.478.7557 or visit www.myCIGNA.com for details.

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Choosing an eye care professional

- Choose an eye care professional from our extensive network for maximum savings. You’ll have access to private practice optometrists and ophthalmologists, as well as nationally recognized retail optical providers. Each covered family member can select his or her own network eye care professional.

- Network eye care professionals have been screened according to National Committee of Quality Assurance (NCQA) standards.

- Locate network professionals 24 hours a day, 7 days a week, at www.myCIGNA.com – go to the Medical or Dental main page and click on the Vision Benefits link, or call CIGNA Vision at 1.877.478.7557 for access to our 24/7 Interactive Voice Response system.

  ◆ Prior to enrollment, you may visit www.CIGNA.com to locate a CIGNA Vision Network eye care professional near you. Just click Provider Directory at the top of the screen and select Vision.

- You may choose to go out-of-network. When you go out of the network you will pay in full at your appointment. To receive reimbursement from CIGNA you will submit a CIGNA Vision claim form with an itemized receipt. Claim forms are available at www.myCIGNA.com – go to the Medical or Dental main page and click on the Vision Benefits link.

Get more information and help

Have questions about your coverage or a claim? Need help finding a network eye care professional? Our knowledgeable, friendly service representatives are only a phone call away. Simply call toll free, 1.877.478.7557, weekdays from 8:00 a.m. to 10:00 p.m. EST.

You can also register on myCIGNA.com to access your personalized plan information. To register, go to www.myCIGNA.com from any computer with Internet access and follow the easy step-by-step instructions.