



Prescription Savings Department
1351 Wm Howard Taft Road
Cincinnati, OH 45206-1775

anthem.com

{Date}

{First Name} {Last Name}
{Address 1}
{Address 2}
{Address 3}
{City} {State} {5-digit zip code}

Dear Member:

We are writing to inform you of a change to your health plan regarding certain prescription drugs effective January 1, 2009. Below please find a summary of those prescription drugs that will not be covered as of January 1, 2009, and the clinically equivalent, higher-value prescription drugs that your health plan will continue to cover.

Proton Pump Inhibitor (PPI) category

PPIs are used to treat gastro-intestinal conditions like heartburn and acid reflux, and some are becoming more and more expensive. We will cover the brand-name PPIs Nexium[®] and Prevacid[®] in Tier 2. The generic equivalent omeprazole 10mg and omeprazole 20mg will be covered at Tier 1. The brand-name medications Aciphex[®], Prilosec[®], Protonix[®], Zegerid[®], and the generic medications pantoprazole and omeprazole 40mg will no longer be covered. Remember also that Prilosec is now available in an over-the-counter (OTC) dosage at your Tier 1 copay.

Non-Sedating Antihistamines (NSA) category

NSAs are used to treat seasonal allergies, hay fever or other allergies. We will continue to cover the lower-cost generic NSA fexofenadine, but will no longer cover Allegra[®]/Allegra D[®], Clarinex[®]/Clarinex D[®], Semprex D[®], Xyral[®] and Zyrtec[®]/Zyrtec D[®]. Remember also that there are OTC options available, such as Claritin[®], Alavert[®] and Zyrtec.

Ophthalmic Allergy Agents

These are medications used to treat eye irritation related to seasonal allergies, hay fever, or other allergies. We will continue to cover cromolyn sodium, and encourage you to try the following OTC products: Zaditor[®] or Alaway[™]. We will no longer cover Alamast[®], Alocril[®], Alomide[®], Elestat[®], Emadine[®], Optivar[®], Pataday[®] and Patanol[®].

We are continuously researching drug classes that offer clinically equivalent, less costly alternative drugs. In the future, additional drug classes may also be impacted by this coverage change.

For more details on these changes, by drug category, please visit the UMS Website at <http://www.maine.edu/system/hr/health.php>. To view a current list of prescription drugs that are covered by your plan, please visit our website at www.anthem.com. If you have additional questions, please contact a Customer Service Representative at the number on the back of your ID Card.

Sincerely,

Jeffrey J. Holmstrom, DO
Medical Director